

Over



Move your body over a pool noodle; stretch your hands over your head; stretch your feet over your shoulders.

Relationships



Under

Move your hand under your feet; place your head under your hand; place your leg under the hurdle.

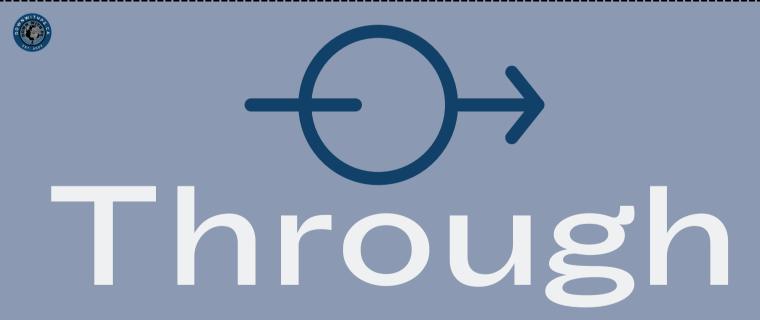




Move your hands **around** your ankle; gallop **around** the cone; move your arm **around** your head.

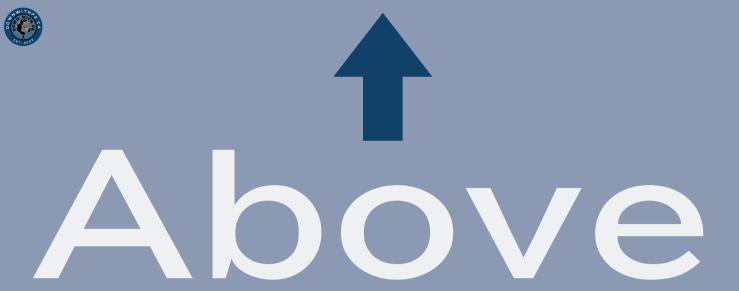
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Relationships





Move your arms **through** a circle made by your legs; move your hand **through** a circle made by your other arm; crawl **through** the tunnel





Hands above your head; knee above your waist; juggling scarf

Relationships



Below





Head below your waist; hands below your knees; skipping rope below your feet.

Control of the contro





Hands near to each other; feet near your waist; near your defender.

Relationships







Hands far apart; feet far apart; far from the net.







Hands beside your knee; elbow beside your waist; throw beside the net.

Relationships





Between



Hands between your feet; head between your arms; run between the cones.







Place your elbow **in** your hand; place your foot **in** your hand; swim **in** your lane.

Relationships





Reach your arms out; stretch your legs out; keep the ball out of the net.









Hands on your knees; elbow on your head; feet on the beam.

Relationships





Hands off your knees; foot off the ground; hand off the racquet.

Control of the contro

